
ABOUT THIS BOOK

The Way I Feel

Snuggle up and enjoy this opportunity to discuss feelings. If your child gets fidgety, mark your place with the bookmark and stop.

The author, Janan Cain, is the mother of two girls. She wrote this book because she knows **children need to learn the word names of emotions**. She felt that other parents would want to talk to their children about feelings too.

On the last page of the book, she includes “**Notes to Parents**” which is a list of ideas for using this book! Check it out!

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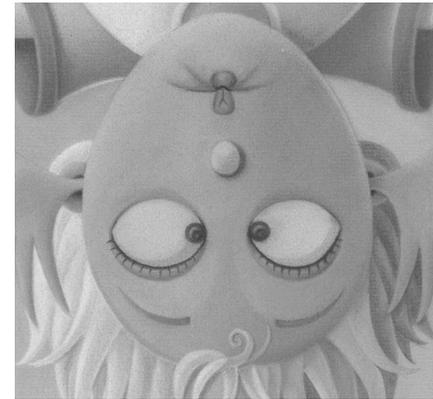
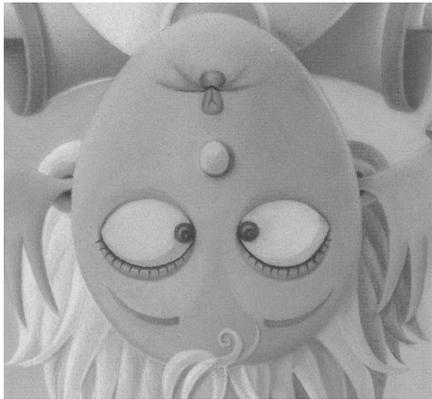
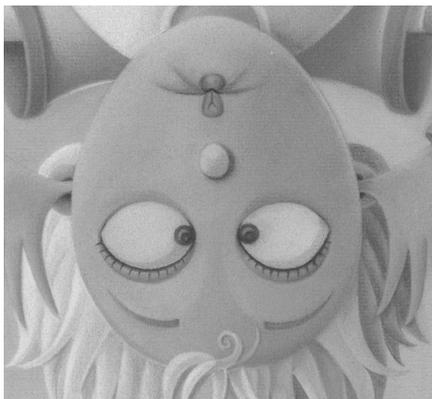
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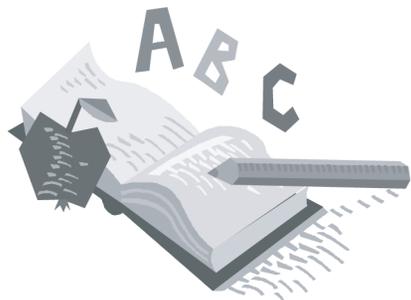
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READING TIPS



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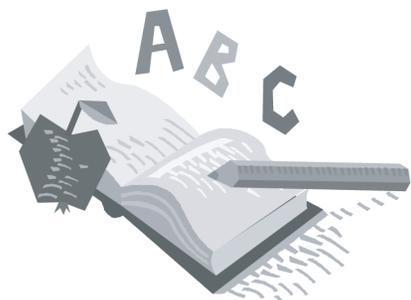
- the title . . .
The Way I Feel
- the author or the person who wrote the story . . .
Janan Cain
- the illustrator or the person who drew the pictures . . .
Janan Cain

Help your child learn **print concepts** by:

Saying, “I am going to read the title in this direction.” Slide your finger under the words “The Way I Feel” as you read them.

Asking your child what he thinks the book will be about. Look at the pictures for good clues. Tell your child that words and pictures are different ways to get information.

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Be sure to point out:

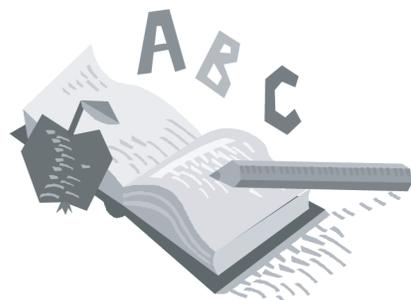
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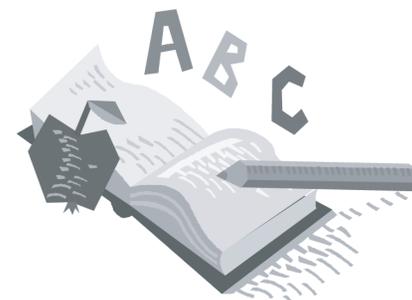
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