



Count Down Chain

Materials

- Twelve (12) paper strips that are one and one half inch wide and approximately 11 inches in length -(a regular size piece of construction paper (8 ½ by 11) yields six strips per participant
- Sheet of activities strips per participant
- Scissors, one for every three participants
- Glue stick, one for every two participants
- Stapler, one for every three participants
- Color markers, variety for each table



Directions

- Cut out the activities into separate strips.
- Glue an activity to each strip.
- Create a loop with a strip (with the written information on the underside of the strip) by bringing the ends of a strip together and stapling them.
- Create the chain by looping another strip through the stapled one. Staple the ends of the second strip.
- Loop a third strip through the second stapled strip and staple the ends together. Continue with each strip until all strips have been added to the chain. Each strip will have to be completed, one at a time.
- Write your child's name on the top strip of the chain.

Activity

- The Count Down Chain will give your child a hands-on tool to see how many days there will be before they return to their “normal” school routine. If this idea works well in your family, you may want to use it for other breaks in your child's routine (i.e, holiday breaks.)
- The Count Down Chain will support a child transitioning into and out of a break or an event. For example, if your child is looking forward to his or her birthday, you can start a Count Down Chain two weeks prior to the date to show how close the date is getting. A loop of the chain should be removed daily.